



Making Life Meaningful. Memorable. Magical.

Karen Chaston // International Speaker

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## Karen Chaston Bio

As a C.P.A. and former corporate Chief Financial Officer, Karen Chaston brings a unique perspective; extensive business experience and hard-earned wisdom that she wished were available to her when she needed them.

Karen ran on the corporate treadmill until the day her world came tumbling down. The constant effort of juggling everything and the stress created by it all, was taking its toll, even before tragedy struck when her son, Dan died at 27, in July 2011.

Karen's suffering and disappointments became the catalyst for her personal and spiritual growth, that she likes to call "*The Journey to Becoming My Own Best Friend.*"

Along the way, Karen was guided to realise that throughout our lives, "Death" comes to us all, many times, in over 40 different Loss Events.

This realisation led to her co-founding "Live Love By Design" with Dan. Together they are "Beyond Loss Life Coaches" who are committed to assisting people and organisations to tap into their unrealised potential through the "Gift of Loss" programs.

Karen understands the correlation between happy people and profits.

Her strategic approach combines her life experience and financial expertise to ensure that when your people are lovingly guided through their *Unresolved Loss Events*, your People, Profits and Purpose will THRIVE.

She knows that Dan's death saved her life and is grateful that he's guiding her to assist others in healing to Live and Love their life.

Best of all, Karen's Live Love By Design key notes and programs will make you laugh, cry and look at life from a completely new perspective. You'll receive actionable systems you can implement immediately whilst keeping you focused on the most important person in your life: YOU.

Karen is married with three adult children (one in spirit) and one grandson. She travels from the Gold Coast, Australia.

<http://www.karenchaston.com>.