



Karen Chaston

Speaker | Author | Mentor

Karen Chaston is a business owner, beyond loss mentor and international keynote speaker who has shared the stage with Marianne Williamson, Jamie-Lee Curtis, Valerie Harper and Dr Ellie Drake.

She is the author of eight books and numerous e-books as well as an online TV show host and podcaster.

In her corporate career Karen was a Chief Financial Officer of a publicly listed company and a senior manager for more than 25 years. She still maintains her C.P.A. status.

In July 2011, Karen's life changed forever when her 27-year-old son, Dan, suddenly and unexpectedly passed away at her back door.

Within 15 months, Karen resigned from her CFO role and began a personal, professional and spiritual journey culminating in her becoming a beyond loss expert and co-founding her business: Live Love By Design.

Karen's first-hand experience assisted in her creating the Gift of Loss programs which demonstrate the correlations between loss and people and profits for both individuals and companies.

Karen not only challenges the status quo by asking "Is there room in the modern workplace to be more human?" she provides tangible solutions that will help them to make the best possible product, offer the best possible customer experience and build the strongest possible company.

Her motto: "Life is too short to be suffering from any kind of loss, unwrap the gift this has brought and then design a life that you live and love."

Karen travels from Gold Coast, Queensland. Australia.

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Her ability to read the situation and get the outcomes required was fantastic.

~ SCM Australia

We received a very personal service from start to finish and would highly recommend Karen's services without hesitation.

~ Success Women's Network

Karen's passion about her topic beautifully came through with her engaging and fun delivery.

~ The Diamond Club

If I were to describe Karen Chaston in one word I would say "Inspirational". I have watched people wake up and become inspired by her at many events.

~ Jen Cudmore Enterprises

Karen's message is strong. It has changed me and it's going to change you and how you look at living your life. Make sure you live every day to the fullest and don't waste a second. Thank you so much Karen, you're amazing.

~ Warren Tate

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SPEAKING TOPICS

1. THE GIFT OF LOSS:

How humanising the workplace leads to greater fulfillment, productivity and profits.

Did you know that The Grief Recovery Institute states that there are over 40 different loss events that can affect our lives?

For far too long we've been expecting our employees to be present and productive whilst leaving their problems at the door. As people are not one-dimensional this is virtually impossible.

A loss event can be defined as a death of a loved one, a marriage, a career, and much more.

When we assist our people to work through their personal loss events, we help them to live a life of fulfillment. One where they will assist us to make the best possible product, whilst offering the best possible service, whilst building the strongest possible company.

This presentation highlights how "The Gift of Loss" is the single largest productivity gain you've been seeking.

In this session you will learn:

- ✓ How to assist your employees to receive the Gift of Loss
- ✓ The benefits from valuing employees, customers and shareholders as equal stakeholders
- ✓ The five-step teachable framework that leads to greater fulfillment, productivity and profits

2. THE GIFT OF LOSS:

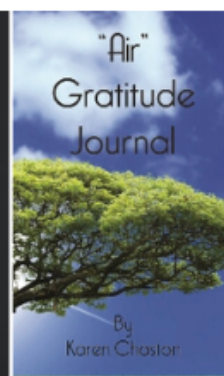
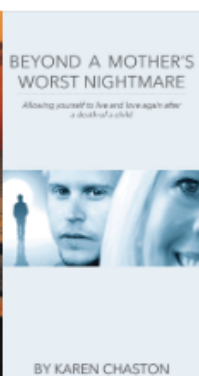
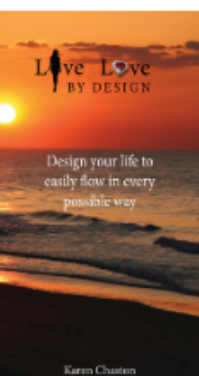
How to create a better everyday life for all who have suffered any kind of loss

Many of us have suffered loss in our life. Whether it's a loss of a loved one, a relationship, a job, a pet, your health or your wealth.

In this session, Karen teaches us how to embrace this tough time in our life and find hope at the end of the tunnel. She incorporates powerful stories together with tangible takeaways to help anyone at all, go from this traumatic moment to living a life they were born to live.

In this session you'll discover

- ✓ The secret to unwrapping your Gift of Loss
- ✓ How death and loss breathes Love and Life into all areas of your life
- ✓ The five-step framework that will easily take you from grief and despair to joy and fulfillment



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